

OPENING DOORS TO UNLIMITED POSSIBILITIES

# Golden Grove Primary School NEWSLETTER

OUR VALUES

RESILIENCE-EMPATHY-SELF MANAGEMENT-PERSEVERANCE-COURAGE-TEAMWORK

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#### Monday 8/04/24

Governing Council

#### **Wednesday 10/04/24**

Performing Arts Assembly 9am

#### Friday 12/04/24

End of Term 1 Early Dismissal 2:05pm Casual Clothes Day

TERM 2 Monday 29/04/24

Pupil Free Day



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#### Term 1 Week 10, 05/04/2024

Dear Families,

Thank you to all the families who have joined us over the past fortnight for our parent / teacher interviews to discuss your child's academic and social progress for 2024 so far. It has been wonderful to hear about all the outstanding efforts and growth our children have made already this year. We have really valued your support in this process. In term 2, teachers will turn their attention to the mid-year reports to compliment discussions from the interview sessions.

Our staff have been really proud of our students during their swimming sessions and NAPLAN testing these past few weeks. The main focus from the swimming lessons was to promote water safety and support in times of water danger. Our student's behaviour at the swimming centre was exemplary and we appreciated all the family support with organisation, and visiting where possible.

Across the school, positive student behaviour is an area our staff work hard to promote. This helps to ensure we maintain the warm, inclusive and inviting culture that Golden Grove prides itself on. Since the start of the year, our staff have embedded strategies on the 'Zones of Regulation' program within classrooms to assist students maintain optimal concentration levels and social awareness. To assist with this, we have trialled the 'Hive' as a breakout space for students to receive individual support from a qualified staff member on the Zones, on an 'as-need' basis. Through increasing self-awareness and developing social and emotional skills, we already have seen a significant increase in student confidence, engagement and positive interactions with peers and staff. As the term has progressed, we have also seen a reduced reliance on students visiting the Hive. Attached to this newsletter is more information about the Zones of Regulation. Another spin-off effect has been a large reduction on students being referred to a leadership member for restorative counselling in times of conflict. However, as I am sure you would appreciate, there are occasional times when a child may need additional assistance to redirect their behaviour towards a positive goal. In these isolated incidences, we use a restorative counselling process and coach students to reflect on making positive choices moving forward. Attached is a reflection form that will help guide conversations with students, to act as a communication conduit between school and home should they need support from the school leadership. Having said this, we also understand that a significantly large proportion of students will always do the right thing because it is the best thing to do and will rarely, if ever, require support from leadership to complete a reflection form. As always, we value all the assistance from families at home as well, to get the best out of our children and appreciate your support with this.

I would also like to put a shout out to our wonderful canteen for their amazing service at Golden Grove (I have actually ordered a chicken roll for today!). However, we are always seeking additional volunteer support to make this service viable, especially on Friday's. If you (or a reliable family member) has an hour or two to assist our lovely staff in the canteen, we would love to hear from you! Please see Karen in the Front Office for further information and relevant paperwork.

A reminder that next Friday is a 2:05pm early dismissal with an optional casual day for students. On behalf of the school staff, I wish you all a safe end of term break, fuelled with lots of rest and relaxation.

Warm regards, Graeme

## ZONES of REGULATION

This year, our school has started working with a program called Zones of Regulation. It helps to categorise the complex feelings students experience and improves their ability to recognise and communicate how they are feeling in a safe, non-judgemental way. It

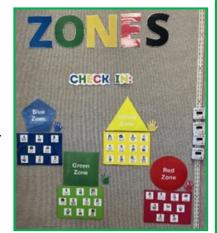
also allows students to find strategies and tools to help them

move between the Zones.

Teachers are teaching lessons and learning activities to help build consistency across the school with language, regulation skills and resources within each classroom.

The Zones of Regulation categorises states of alertness, energy and emotions into four coloured Zones.

**The Blue Zone** – used to describe low states of alertness and down feelings such as sad, tired, sick, hurt, lonely or bored. This is when the body or brain are moving slowly or sluggishly.



The Green Zone – used to describe a calm, alert state. They may feel happy, focused or content. The body feels safe, organised and connected, helping us to be ready to learn. However, we can learn in other Zones too.

The Yellow Zone – used to describe a heightened state of alertness but still have some control. They may feel stress, frustration, anxiety, excitement, silliness, nervousness, confusion and overwhelmed.

The Red Zone – used to described a state of extremely high energy and intense, overwhelming feelings that are harder to control. They may feel mad, angry, out of control, devastated, panicked or terrified.

The 'HIVE' is in HB 5 and is used at an 'as needs' basis to support students in recognising how they are feeling, what Zone they are in and what tools they can use to self-regulate. When they arrive, they check in by looking at the Zones display, have a quick chat with a staff member about how they are feeling and why, then students have 10 minutes to use the different tools available to bring them back into a 'ready to learn' state.

We look forward to exploring this program further in classrooms and helping all students build up their understanding of the Zones and self-regulation skills in 2024.



Regards, Clare Kirby



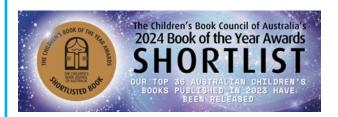
# Library Chat

Have you and your children visited a Little Street Library? They are located around your neighbourhood and are based on an honour system of 'Give one - Take one.' They are a fun way for your child to discover new books to read and a lovely option to pay forward books they may have already read or outgrown. Take a look here for your nearest Little Street Library <a href="https://streetlibrary.org.au/find/">https://streetlibrary.org.au/find/</a> and enjoy some discovery time in the school holidays. You might even discover something new for yourself!



Holidays are a time when children can build their reading stamina, spending longer periods of time reading. Remember that books read at home can also be added to the Premier's Reading Challenge so make a note of the books your child finishes.

The Children's Book Council of Australia has announced its shortlist for the 2024 Book of the Year awards <a href="https://cbca.org.au/shortlist-2024">https://cbca.org.au/shortlist-2024</a>. I am excited to report that author Tristan Bancks, who will be visiting our school next term to talk with our year 5 & 6 students, has been shortlisted for a Younger Reader award for his latest mystery Scar Town.







Tristan Bancks Photo credit Amber Melody

#### School Holiday Fun @ Tea Tree Gully Library

The Tea Tree Gully Library offers free school holiday activities to keep your children busy over the break. The children's library is packed full of quality literature and provides a huge loan limit for your voracious readers. There are educational and high interest programs that run throughout the year as well. We have a strong science program for all year levels at GGPS so your budding scientists might like to extend their learning in Science Club. LEGO and chess are particularly popular lunchtime activities in our school library. Anime is the cartoon version of graphic novels and Dragon Ball Z is one of our most popular manga series. There really is something on offer for every child.

See the TTG Library website for details, some programs require booking https://bitly.ws/3gVe5

- Every Saturday LEGO Club 11am to 1pm
- Every Tuesday 3:30 to 4:30pm Something After School, alternating STEM & art activities
- Saturday 6 April Dragon Ball Z Super series screening 11am to 1pm, crafts from 1 to 2pm
- 1st Wednesday of every month 4 to 5pm Chess Club for ages 8-14
- 3rd Wednesday of every month 4 to 5pm Science Club for ages 5-10

Di Scott Teacher Librarian





Kids and youth at the library

### WORLD AUTISM AWARENESS DAY

April 2<sup>nd</sup> was World Autism Awareness Day and the theme for 2024 was **colour**. The aim of the day is to help spread a greater understanding and acceptance of autism and autistic people. Here at Golden Grove Primary School we celebrate neurodiversity. We value the importance of creating positive partnerships between home and school, to best support the educational outcomes of autistic students. On April 2<sup>nd</sup> we came dressed in our favourite bright colours and learnt about neurodiversity in our classrooms.

As defined by Positive Partnerships website

"Autism can be tricky to define. Autism is a developmental condition that affects how a child learns and interacts with the world around them. Because autism has many different characteristics, no two people on the spectrum are alike. However, those on the autism spectrum may need support in two main areas: social communication issues and repetitive pattern of behaviour."

Most recent research identified the most challenging school tasks for autistic children, which include:

- Planning for assignments
- Working as part of a group
- Handwriting
- Coping with change
- Copying with bullying teasing
- Staying calm when other kids annoyed them or classroom was busy

Neurodiversity within our classrooms can also bring a lot of joy and a range of different strengths. It is important to be objective when describing behaviours and not make judgements.

To find out more some helpful websites include -

www.positivepartnerships.com.au

www.yellowladybuas.com.au

https://raisingchildren.net.au/autism

https://icannetwork.online/

https://www.amaze.org.au/

https://reframingautism.org.au/

https://www.autismcrc.com.au/





## SAPSASA NEWS



#### **SAPSASA Athletics**

On Friday the 22nd of March we took 22 students to the Athletics Carnival at Tea Tree Gully Oval. Our students performed exceptionally well on the day with a number of students making finals. Archie M, Kayden S and Jacob S look like they will be selected in the District team after strong performances in the 100m, and 200m events. In the relays we finished 1st, with the 2013 boys, Heath, Rory, Kody and Kayden running a fantastic race. We finished second, in the 2012 girls, with Alyssa, Sofia, Rylee and Shaylee bringing us home strongly. The other two relay teams finished 4th and 7th.

Well done to all those who competed in the Field events such as discus, shot put, long jump and high jump.

Thank you to the parents who supported us on the day.

Mr Pearce, Ms Wright







## **Student** Reflection



Name:	Class:	Date:					
Today I spent tii	me reflecting on my behav	iour choice of:					
This happened: in the yard during learning time (please tick)							
The value I will	be focusing on is:						
Resilience Excelle	ence <b>S</b> elf management	Perseverance Empathy Co	urage <b>T</b> eamwork				
I will do this by:							
Signed:	(student)	(school)	(family)				
Jigiieu.	(Student)	(301001)	(ranning)				
consequences from fam	ilies. Your child has participated in a	g between home and school and we of restorative counselling session at school esh start. Our aim is to support each child	ol, with an opportunity to				
	ir role in making positive choices. The role in making positive behaviour.	ne best outcomes are achieved when the	e student, the school and				
Please return this form to Student Services on the day following family notification.							
Carra rations ad ta		/sshool to some	-1-+-\				

### **Golden Grove Primary School Term Planner - COMMUNITY**

GOLDENGROVE
Primary School
Opening doors to unlimited possibilities

	Term 2, 2024 29 April – 05 July						
WEE	Monday	Tuesday	Modesadeu	Thursday	Friday		
WEER	Monday 29 April	Tuesday	Wednesday	Thursday	Friday		
1	PUPIL FREE DAY	30 April	1 May	2 May	3 May ANZAC DAY Assembly HB18/19		
	6 May	7 May	8 May	9 May	10 May		
2	4pm – Finance Meeting			MOTHERS DAY STALL	SAPSASA Cross Country SCHOOL PHOTO DAY		
	13 May	14 May	15 May	16 May Newsletter	17 May Assembly HB4		
3	6pm Governing Council Meeting	Uni Lab 9.30am – School Tour		Carly Ryan Foun- dation Yr5/6	9am – 11am - Red Rovers Band Workshop		
4	20 May Volunteer Week 9.00am – Volunteer Training	21 May Uni Lab	22 May 11.30am Nation- al Simultaneous Storytime	23 May 9am -11am - Yr 5& Yr 6 Tristan Bancks - Visiting Author  2pm-3pm - Dusty Feet Mob whole school performance  SAPSASA Soccer TBC	24 May SAPSASA Soccer TBC		
	27 May	28 May	29 May	30 May	31 May		
5	Reconciliation Week	Uni Lab  2.30pm – Uniform Committee Meeting	1.45pm – Senior Voices Assessment		Reconciliation Week Assembly HB1/2		
	3 June	4 June	5 June	6 June	7 June		
6	4pm – Finance Meeting			Newsletter  AM – Festival of Music Auditions  School Disco	PUPIL FREE DAY		
	10 June	11 June	12 June	13 June	14 June		
7	PUBLIC HOLIDAY King's Birthday		9.30am – Yr 3/r4 11.30am Rec/1/2 - Friendship Matters Incursions		Assembly HB16 SAPSASA AFL Boys		
8	17June GGHS Work Placement week  6pm Governing Council Meeting	18 June	19 June  AM- Blue Com- ets workshop @ Modbury HS	20 June 9.30am – School Tour	21 June		
9	24 June 9am – 10.45am Mid- year Reception Orientation Visit	25 June	26 June	27 June Newsletter	28 June Assembly HB8 SAPSASA AFL Girls		
10	1 July	2 July	3 July 9am – Performing Arts Assembly Reports sent home	4 July	5 July 2.05pm Early Dismissal & Casual Clothes Day		



# Golden Grove Primary School Award Winners



















