



## Golden Grove Primary School Canteen Menu

Effective from **22/2/16**

G = green = best choice. A = amber = occasional choice

HOT FOOD – Sauce 20c extra		SNACKS				
G	Corn (buttered)	1.40		A	Various small snacks from	0.05
G	Hot Potatoes – buttered	2.00		G	Carrot sticks	0.20
G	Hot Potatoes – cheese	2.10		G	Popcorn	.10
G	Hot Potatoes – cheese & butter	2.30		G	Fresh seasonal fruit <b>FROM</b>	<b>0.50</b>
G	Macaroni cheese (97% fat free)	4.10		A	Cheese sticks (Stringers)	1.00
G	Bolognaise pasta (97% fat free)	4.10		A	Tiny Teddies	0.50
G	Lasagne (97% fat free)	4.10		A	Shapes	0.40
A	Pies (Mrs Mac's reduced fat)	3.70		A	JJ's – salt & vinegar, chicken	1.00
A	Jnr Snack Pie (Mrs Mac's reduced fat)	3.20		A	Milo bars	1.00
A	Sausage roll (Mrs Mac's)	3.40		A	Jelly – red or green	1.00
A	* Hot ham & cheese roll	4.00				
<b>FROZEN PRODUCTS</b>						
A	* Hot chicken roll	4.00		A	Life saver	1.00
A	Fish fingers	0.60		A	Calippo (mini)	1.10
A	* Fish fingers (4) in a roll	3.30		A	Paddle Pops	1.50
A	* Fish fingers (4) in roll w/lettuce & mayo	3.70		A	Fruit tubes – (1/2 = 30c)	0.60
A	Chicken nuggets	0.60		G	Frozen juice cups- apple,OJ	1.00
A	Chicken tenderloin (crumbed)	1.70		A	Frosty fruit	1.00
A	* Chicken tenderloin (2) in a roll	4.30		A	Icy pole (Lemonade)	1.00
A	* Chicken tenderloin (2) in roll/lett & mayo	4.80				
A	* Hot dogs (low fat)	3.50				
A	* Hot dogs with cheese (low fat sausage)	3.80				
A	* Hot dog cheese "sauce"	4.00				
<b>RECESS ONLY COUNTER SALES</b>						
A	Fantastic noodles – chicken	3.00		G	Garlic bread (hot)	0.70
A	* Hamburger (low fat) plain	3.70		A	Waffles (potato)	0.20
A	* Hamburger (low fat) cheese	4.00				
<b>DRINKS</b>						
A	* Hamburger (low fat) salad – lettuce & tom	4.40		G	Spring water 600ml	1.80
A	Pizza – ham & pineapple, ham & cheese supreme	4.80		G	OAK (UHT) – choc/strawberry	2.50
A	Pizza ½'s	2.40		A	Hot Milo – term 2 & 3 only	1.00
*	<b>DENOTES CAN BE SOLD BY HALVES</b>			A	OAK milk – choc/straw	3.10
				A	Krazy Krush	1.60
				A	Harvey Fresh no added sugar 250ml orange/apple/blackcurrant & apple	2.00
				A	Focus FLAVOURED water- /Raspberry /lemonade /blackcurrant	2.00

### SANDWICHES / BAGUETTES / WRAPS

Toasted sandwiches are 30c extra. Sauce, mayonnaise (low fat) or mustard are 20c each.

Extras – lettuce, tomato, carrot, cucumber, cheese, egg – 50c each.

		Sandwich (G)	Roll/Baguette(G)	Wrap (G)
G	* Salad (tomato, cucumber, carrot, lettuce)	3.20	3.90	3.50
G	* Tuna	3.40	4.10	3.70
G	* Tuna salad	4.60	5.30	4.90
G	Egg	3.00	3.70	3.30
G	Egg salad	4.20	4.90	4.50
G	* Buttered	1.60	1.80	N/A
G	* Barbecue chicken	3.40	4.10	3.70
G	* Barbecue chicken salad	4.60	5.30	4.90
A	* Ham	3.30	4.00	3.60
A	* Ham salad	4.50	5.20	4.80
A	* Cheese	3.00	3.70	3.30
A	* Cheese salad	4.20	4.90	4.50
A	* Vegemite	2.00	2.60	N/A
G	Salad Packs \$4.80 Bases available ham/chicken/tuna/cheese/egg – with lettuce, carrot, tomato, cucumber & mayo			